



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS UNITED STATES AIR FORCE
WASHINGTON, DC

MAR 7 2000

MEMORANDUM FOR SEE DISTRIBUTION

FROM: HQ USAF/SG
110 Luke Avenue, Room 400
Bolling AFB, DC 20330-7050

SUBJECT: Use of Atorvastatin in Aviators and Switching Within Approved Statins

Effective immediately, Atorvastatin for control of hyperlipidemia is approved for unrestricted Flying Class II waivers. Waiver authority is granted to MAJCOM surgeons.

Additionally, individuals currently holding a waiver for an approved statin may be changed to another approved statin without a change in waiver status using the following guidelines. The reason for the change should be due to an inadequate response to the first medication.

- Place individual on DNIF status for first seven days of the switch to rule out adverse side effects
- If no adverse side effects, return to status locally
- Immediately notify MAJCOM of medication change by e-mail or letter
- Include change of medication information in the aeromedical summary at next scheduled waiver renewal

Liver Function Tests need to be monitored prior to initiating therapy, 12 weeks following both the initiation of therapy and any increase in dose, and semi-annually thereafter. Patients who develop elevations of transaminases should be monitored until the abnormality resolves. If an increase in alanine transaminase (ALT) or aspartate transaminase (AST) of greater than three-times the upper limit of normal persists, then reduction in dose or withdrawal of atorvastatin is recommended.

If you have any questions my POCs, Col Arleen Saenger or MSgt Tony Labonte, AFMOA/SGOA, 110 Luke Avenue, Room 405, Bolling AFB, DC 20332-7050, DSN 297-4200.


PAUL K. CARLTON, JR.
Lieutenant General, USAF, MC, CFS
Surgeon General

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