



DEPARTMENT OF THE AIR FORCE
OFFICE OF THE CHIEF OF STAFF
WASHINGTON, DC

15 Mar 99

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MEMORANDUM FOR ALMAJCOM/CC

RICHARD E. HAWLEY

FROM: HQ USAF/CV
1670 Air Force Pentagon
Washington, DC 20330-1670

MAR 11 1999

General, USAF

SUBJECT: Health and Wellness Center (HAWC) and Fitness Center Collaboration

Health and fitness are inextricably linked to operational readiness. It is imperative that our HAWC and fitness center staffs work together as one team to enhance individual fitness, meet the fitness needs of the Air Force community, and deliver a fit and healthy force. To this end, an Integrated Process Team (IPT) has developed a plan enhancing the synergy between HAWCs and fitness centers.

The IPT recommendations and implementing instructions are attached. Please ensure execution of the recommendations NLT 1 May 99.

Limited resources and high operations tempo dictate an efficient and integrated health and fitness delivery system. Your personal support will be key to our success.

If your staffs have any questions, POCs are Maj Tom Spellman, HQ USAF/ILVP, DSN 664-4927 and Maj Jayne Stetto, AFMOA/SGOP, DSN 297-4286.

RALPH E. EBERHART
General, USAF
Vice Chief of Staff

Attachment:
Implementing Instructions